

# SUB. LT. DR. REETESH SAH

## About Me



### About Me

### Awards/Recognition:

### Academic/Administrative Positions:

My site: <https://sites.google.com/view/reeteshsah/home>

### Sub. Lt. Dr. Reetesh Sah

Designation: Associate Professor/Assistant Director, UGC-Human Resource Development Centre, Kumaun University, Nainital

Qualification: M.A. Ph.D, NET, MBA (HR)

Area of Specialization/Research field:

Contemporary Indian History, Regional History, Environmental History, History of Science & Technology, etc

### Awards/Recognition:

- Raksha Rajya Mantri Commendation & Badge, Ministry of Defense, Government of India, 2022
- Dr. YPS Pangti Felicitation, Kumaun University, Nainital, 2022
- Defense Secretary Commendation & Badge, Ministry of Defense, Government of India, 2019
- Best Officer Cadet, Pre-Commission Course, Southern Naval Command, Kochi, 2017
- ADG Commendation, 2017
- Awarded Junior Research Fellowship from Indian Council of Historical Research, New Delhi.
- Acharya Narendra Dev Alankar by Acharya Narendra Dev Shiksha Nidhi, UP/Uttarakhand, 2014 for contribution in Higher Education.
- Awarded JRF from Kumaun University, Nainital.
- Second Prize in Winter Carnival Photo Competition, Second Prize in World Photography Day Contest
- First Prize in World Photography Day Contest organized by Amar Ujala Group (Leading Hindi News Paper).
- Gold Medalist in All India Karate Championship, 1995.

### Academic/Administrative Positions:

1. Deputy Controller of Examinations, 2017 - 2023
2. ANO, NCC (Navy), 2016 onwards
3. Member Secretary, Kumaun University Publication Committee, 2019-2020
4. Centre In-charge, University Central Evaluation, 2016 - 2023
5. Member, Proctor Board, 2017 onwards
6. Member, DSW Board, 2015 onwards
7. Member Secretary, Gandhi and Diaspora Studies, 2019 onwards
8. Joint Director, University Placement and Counseling Cell, 2015-2019
9. Associate Editor, QUEST The Journal of UGC-HRDC, 2009 onwards
10. Assistant Editor, University Prospectus, 2015 onwards
11. Editor, University Annual Reports, 2009 onwards
12. Nodal Officer, RUSA, 2014 onwards
13. Co-Editor, Students Magazine DSB Campus, 2015-2017 & 2018-2019

### Research Projects:

1. The ethnobotanical practices of local communities in the Kumaun Himalayas, during the colonial period: A historical perspective, Indian National Science Academy, New Delhi for 7,50,000.00, Year 2023
2. Traditional Technology of Kumaun Himalaya, Indian Council of Historical Research, New Delhi for 3,50,000.00, Year 2023
3. Status of Quality Education in Uttarakhand (Kumaun Division) Directorate of Economics & Statistics, Government of Uttarakhand for Rs. 3,00,000.00, Year 2016
4. A Historical Study of Urban Planning in Former Colonial Himalayan Lake a township of Nainital UGC (Innovative Research Activities Scheme) for Rs. 75000.00, Year 2015

### Books:

1. Dr. Reetesh Sah, Indian History: A Regional Perspective, ISBN 978-81-7975-864-9, Anamika Publishers and Distributors Private Limited, New Delhi, 2022
2. Dr. Reetesh Sah, History of Urbanization A Study on Landscape and Contemporary History of Nainital, ISBN 978-81-7975-799-4, Anamika Publications, New Delhi, 2022
3. Dr. Reetesh Sah & Prof. B.L. Sah, Status of Quality of Higher Education in Uttarakhand (Kumaun Division), ISBN978-81-950509-0-4, Anamika Publications, New Delhi, 2019
4. Dr. Reetesh Sah & Prof. B.L. Sah, Environment, Development and Society (Edited) ISBN-978-81-950509-0-4, Maa Durga Prakashan, Haldwani, 2010
5. Dr. Reetesh Sah & Prof. Santosh Kumar, Kumaun University At A Glance, Kumaun University, 2011
6. Prof. A.S. Rawat & Dr. Reetesh Sah, 'Rehabilitation and Resettlement Issues of Himalayan Tara', Financial Assistance extended by Kumaun University, Nainital, 2009

### Research Articles Published in Journals:

1. Reetesh Sah, National Education Policy 2020: Major Leap in Higher Education System, Journal of Acharya Narendra Dev Research Institute, ISSN:0976-3287, Vol. 32 (July to Dec 2022) pp 9-12
2. Reetesh Sah and Pramod, दृष्टिकोण, कला, मानविकी एवं वाणिज्य की मानक शोध परीक्षा, गाय पसर एवं वर्तमान परीक्षण, UGC-CARE GROUP I LISTED वर्ष 11 अंक 2, मार्च-अप्रैल, 2021, PP 1199 -1201, ISSN 0975 - 119X
3. Reetesh Sah and Pramod, दृष्टिकोण, कला, मानविकी एवं वाणिज्य की मानक शोध परीक्षा, गोरखपुर की राजनीतिक विचारधारा, UGC-CARE GROUP I LISTED वर्ष 12 अंक 5, सितम्बर-अक्टूबर, 2020, PP 1078 -1081, ISSN 0975 - 119X
4. Reetesh Sah with Mannohan Singh, दृष्टिकोण, कला, मानविकी एवं वाणिज्य की मानक शोध परीक्षा, बल्लारपुर-गुंडा सहा स्वतंत्रता सार्वजनिक कला, UGC-CARE GROUP I LISTED, वर्ष 12 अंक 5, सितम्बर-अक्टूबर, 2020, PP 1149 -1151, ISSN 0975 - 119X
5. Reetesh Sah with Mannohan Singh, दृष्टिकोण, कला, मानविकी एवं वाणिज्य की मानक शोध परीक्षा, कृष्ण मसीहा चौक दिल्ली: एक विश्वस्तरीय अध्ययन-सांसाध्य एवं आर्थिक भूमिका के विषय परीक्षा में, UGC-CARE GROUP I LISTED, वर्ष 12 अंक 1, जनवरी-फरवरी 2020, PP 1104 -1106, ISSN 0975 - 119X
6. Reetesh Sah with Mannohan Singh, दृष्टिकोण, कला, मानविकी एवं वाणिज्य की मानक शोध परीक्षा, चौक महेन्द्र सिंह टिकैत द्वारा संयोजित कृष्ण अध्ययन, UGC-CARE GROUP I LISTED, वर्ष 11 अंक 5 सितम्बर-अक्टूबर, 2019, PP 1129 -1131, ISSN 0975 - 119X
7. Reetesh Sah and Gaurav Kumar, दृष्टिकोण, कला, मानविकी एवं वाणिज्य की मानक शोध परीक्षा, रावत भार के समर्पित समुदाय पर नव संरक्षण, मोतिबा के परमाणु:1815 से वर्तमान तक, UGC-CARE GROUP I LISTED, वर्ष 11 अंक 5 सितम्बर-अक्टूबर, 2019, PP 1259-1263, ISSN 0975 - 119X
8. Reetesh Sah, QUEST, The Journal of UGC-HRDC, Nainital, Education System in Nainital During the Nineteenth and Mid-Twentieth Century British India, Vol.-11, Issue-3, September-December 2017, pp.-317-326, Print ISSN No. 0974-5041, Online ISSN No. 2249-0035
9. Reetesh Sah, QUEST, The Journal of UGC-HRDC, Nainital, Tamta's the Traditional Copper-Smiths of Central Himalayas (A Study in Historical Perspective with Special Reference to Almora, Uttarakhand), Vol. 13, No. 2, May-August 2019, pp. 110-118. Print ISSN No. 0974-5041, Online ISSN No. 2249-0035
10. Reetesh Sah, Scholars Impact, International Multidisciplinary Multilingual Journal of Contemporary Research, A Historical Study of Landslides and Natural Disasters in Himalayan Township of Nainital, Vol.-11, Issue-1, January-April 2019, pp.-06-12ISSN 2394 -7632 Scholars Impact (Print), ISSN 2394 -7640 Scholars Impact (Online), 2019
11. Reetesh Sah, Indian Journal of Society and Politics, दृष्टिकोण शैल : हिमालयी भूमि कुमाऊँ की विपत्ति होती लोक संस्था, Vol. 06 No. 1 : 2019 Page:83-88, ISSN: 2348-0084(P) ISSN:2455-2127(O), 5.
12. Reetesh Sah & Prem Mehra, QUEST, The Journal of UGC-HRDC, Nainital, कुमाऊँ हिमालय के परम्परागत सांस्कृतिक एवं सामाजिक विकास, Vol.-11, Issue-1, January-April 2017, pp.-06-12, Print ISSN No. 0974-5041, Online ISSN No. 2249-0035
13. Reetesh Sah, QUEST, The Journal of UGC-HRDC, Nainital, उत्तराखण्ड के ऐतिहासिक आलेख में गोविन्द और सिराहा, Vol.-9, Issue-1, January-April 2015, Print ISSN No. 0974-5041, Online ISSN No. 2249-0035 pp.-16-23.
14. Reetesh Sah, QUEST, The Journal of UGC-HRDC, Nainital, History and Contemporary Relevance of Information and Communication Technology (ICT) in Higher Education, Peer-Reviewed Research Journal Vol.-8, Issue-3, September-December 2014, Print ISSN No. 0974-5041, Online ISSN No. 2249-0035 pp.-195-203.
15. Reetesh Sah, ESSENCE-International Journal for Environmental Rehabilitation and Conservation, Water resources regime in Kumaun Hills of Uttarakhand, India, Volume-06 Issue No.1 2015[134 – 149]
16. Reetesh Sah, QUEST, The Journal of UGC-HRDC, Nainital, The Socio-Cultural Importance of the Worship of Shiva as Bhaivra in the Kumaun Himalaya: A History of the Ashta Bhaivra Worship in Almora, Vol.-10, Issue-3, September-December 2016, pp.-236-242, Print ISSN No. 0974-5041, Online ISSN No. 2249-0035 pp.-195-203.
17. B L Sah & Reetesh Sah, Sodh Sanchyan, Writing a Ph.D. Thesis, Vol. 2, Issue 1&2 (Joint Issue) 2011, ISSN 0975-1254, PP.-116-122
18. Reetesh Sah, QUEST, The Journal of UGC-HRDC, Nainital, Peer-Reviewed Research Journal, उत्तराखण्ड में नव एवं नव संरक्षण का ऐतिहासिक अध्ययन, Vol.-II, Year -II, November 2010, Print ISSN No. 0974-5041, Online ISSN No. 2249-0035 pp.-1-20.
19. B.C. Sharma & Reetesh Sah, QUEST, The Journal of UGC-ASC, Nainital, Peer Reviewed Research Journal Inaugural, सिटिज उत्तराखण्ड में वनाधिकार के हान के विरुद्ध ऐतिहासिक समाचार पत्र 'गुडाली' का जनजात में अविस्मर्य योगदान, Issue 2009, Print ISSN No. 0974-5041, pp-22-34
20. Ajay S Rawat & Reetesh Sah, Indian Journal of Traditional Knowledge, National Institute of Science Communication & Information Resources, NISCAIR, The Council of Scientific and Industrial Research (CSIR), Traditional Knowledge of Water Management in Kumaun Himalaya, ISSN No 0972-5041, pp-249-254
21. Reetesh Sah, QUEST, The Journal of UGC-ASC, Nainital, Peer Reviewed Research Journal, औद्योगिक उत्तराखण्ड में कुली बेरा कि अमानवीय कुरुखा का अंत (हिमालयी अखबार गुडाली का ऐतिहासिक योगदान), Volume II 2008, Print ISSN No. 0974-5041, pp-31-42
22. Reetesh Sah, Social Science Probing, New Delhi, Colonial control over water in Kumaun Himalaya, Vol. 19 No.-1, RN 42813/84,
23. Ajay S Rawat & Reetesh Sah, QUEST, The Journal of UGC-ASC, Nainital, Peer-Reviewed Research Journal, Industrial Policy of Uttarakhand An Evaluative Study, Volume I 2007, Print ISSN No. 0974-5041, pp-17-25
24. Reetesh Sah, QUEST, The Journal of UGC-HRDC, Nainital, कुमाऊँ की मौखिक परम्पराओं में स्त्री कुल सम्पत्ति, Print ISSN No. 0974-5041, Online ISSN No. 2249-0035, 2020
25. Reetesh Sah, Explorations in Indian History, Research Journal of Uttar Pradesh History Congress, Kumaun Kshetra Me Jal Sanskrit: Ek Ethashik Adhayan, ISBN No.- 81-7975-167-8, pp.-394-406.

### Articles/review Articles Published in Books:

1. Indigenous Water Knowledge: Religious Values and Cultural Practices in Indigenous and Local Water Knowledge, Values and Practices, Ed. Mritika Basu and Rajarshi DasGupta, Pages 97-117, Springer Nature Singapore, 978-981-19-9405-0Published: 02 March 2023, <https://doi.org/10.1007/978-981-19-9406-7>
2. Reetesh Sah and Gaurav Kumar, समुदाय समुदाय में महिलाओं की स्थिति (उत्तराखण्ड के कुमाऊँ मंडल के विशेष संस्करण में), in book महिला स्वाधिकार का बदलाव पुरुषों की स्थिति एवं समाधान, published by Taneesha Publishers, Lalkuan, Uttarakhand, 2022, PP 30-39, ISBN 978-93-9091-011-3.
3. Reetesh Sah and Gaurav Kumar, ICHR Conference Proceeding Publication, Indian History: A Regional Perspective, उत्तराखण्ड के गुजर परमाणुओं का ऐतिहासिक सांस्कृतिक व सामाजिक अध्ययन, Anamika Publishers and Distributors Private Limited, New Delhi, 2022 PP 112-130, ISBN 978-81-7975-864-9.
4. Reetesh Sah and Gaurav Kumar, Conference Proceeding Publication, Scholarly Research Journal for Interdisciplinary Studies, बल्लार कुलाक नव गुजर का गुजर होता परम्परा ज्ञान : कुमाऊँ उत्तराखण्ड के विशेष संस्करण में, April-June, 2021, Vol-10, Issue-57, PP 792-798, ISSN 2319-4766
5. Reetesh Sah and Pramod, Conference Proceeding Publication, Scholarly Research Journal for Interdisciplinary Studies, महामोरी गुरु गोरखनाथ एवं जनाक सामाजिक स्तंभ, April-June, 2021, Vol-10, Issue-51, PP 263-269, ISSN 2319-4766
6. Reetesh Sah, Women and Water: The Impact of Natural Resource Depletion in the Central Himalayan Region of Uttarakhand, 211-223 in Equating Gender, Exploitations in the Asia Pacific, ISBN 978-81-316-0802-9 Peer-Reviewed, International Book, Rawat Publications, Satyam Apts, Sector 3, Jawahar Nagar, Jaipur 302 004 (India).
7. Reetesh Sah, in Writing A Research Project Proposal, 163-185Understanding Research Methodology, ISBN 978-81-920509, Maa Durga Prakashan, Haldwani,
8. Reetesh Sah, Writing a Ph.D. Thesis, PP-198-218 in Understanding Research Methodology/ISBN 978-81-920509, Maa Durga Prakashan, Haldwani,
9. Reetesh Sah, An Account of Himalayan State of Uttarakhand with special reference to Regional History,4 April, 2015 pp.-238-240 In The Importance of Regional History in Modern Age, ISBN No.- 978-93-82405-22-1, Proceedings of UGC sponsored National Seminar at Warora, Chandrapur, (Maharashtra),
10. Reetesh Sah, कुमाऊँनी समाज में स्त्री कुल सम्पत्ति, pp.-09-22 in उत्तराखण्ड विज्ञान अकादमी, ISBN No.-81-89147-12-9, Mallika Books, Delhi,
11. Reetesh Sah, Ensuring Quality in Higher Education using Total Quality Management 2012, pp.-17-21 In Navomnesh, Vol.-III, State Institute of Educational Management and Training (SIEMAT), Dehradun, Government of Uttarakhand,
12. Reetesh Sah & B C Sharma, उत्तराखण्ड में महिला जनशक्ति के स्तर में समाचार पत्र गुडाली (1905-1952) के योगदान का ऐतिहासिक अध्ययन, pp.287-301 in Empowerment of Rural Women Status and Challenges, ISBN No.81-89147-10-2, Mallika Books, Delhi,
13. Reetesh Sah, Managing Water in British Kumaun pp.-70-97 in Natural Resource Conservation in Kumaun, ISBN-81-79880-555-9, Ankit Prakashan, Haldwani,
14. Reetesh Sah, महामोरी गुरु गोरखनाथ व महल pp.-260-266 in Gandhi: The Man and His Vision, of the Gandhain Studies Centre, KU Nainital
15. Reetesh Sah, Hind Swaraj: A Significant Creation of Gandhi pp.-70-97 in Hind Swaraj: 100 Years of the Gandhian Vision, ISBN No.-81-79888-012-5, Ankit Prakashan, Haldwani
16. Divya U Joshi & Reetesh Sah, The RTI Act in India Genesis and Challenges pp.-46-54 in The Right To Information Act, 2005: Problem and Solutions, Uttarakhand Academy of Administration,
17. Ajay S Rawat & Reetesh Sah History of Uttarakhand, pp-10-16, Abstract Volume of National Seminar Department of Geology, Kumaun University and X Annual Convention of South Asian Association of Economic Geologists in Magmatism, Tectonism and Mineralization (MTM 2007)

### Other Academic Achievements:

- Developed and designed Courses in History under NEP 2020
- Developed and design a UG Degree Programme Course Curriculum for History
- Developed and design a PG Diploma Programme Course Curriculum for Centre for Gandhi and Diaspora Studies as per University Norms
- Organized 05 Short Term Courses computer-assisted teaching/web-based learning and e-learning
- Co-ordinated 45 Orientation Programmes, 12 Flip, 98 Refresher Courses, 22 Short Term Courses, 03 Workshop of Academic Administrators, 05 Professional Development programmes, 07 Summer/Winter School Programmes, 05 Interaction programme for Ph.D. Scholars, 03 Training of Tourist Police Brigade, Inspire Science Camps, etc.
- Created a module on Creating Effective PowerPoint Presentation for UGC sponsored OP/RC programmes
- Associate Editor of QUEST, the Journal of UGC- Human Resource Development Centre, (UGC-HRDC), published from Kumaun University, Nainital since 2007.
- Chief Editor Annual Report 2009-2016 of Kumaun University published from Kumaun University, Nainital
- Member Editorial Board, Kumaun University Progress Report, 2022

### Talks Delivered:

### Name of the Organizations/Institutions

- Delivered Talks at The Indian Council for Cultural Relations, Government of India, UGC-HRDC, Jamia Millia Islamia, New Delhi, UGC-HRDC, Gujarat University, Ahmedabad, UGC-HRDC, Devi Ahilya Vishwavidyalaya, Indore, UGC-HRDC, North Bengal University, Darjeeling, UGC-HRDC, BPS University, Shimla, UGC-HRDC, BPMS University, Sonapat, Haryana, PMMMNMTT HNB Garhwal Central University, Srinagar, Uttarakhand Academy of Administration, Nainital, NMSN Dass PG College, MJP Rohilhand University, SIWS NR Swamy College of Commerce & Economics & SMT Tirumalai College of Science, University of Mumbai, SoS Hermen Gmenier Institute, Bhimtal, Government Degree College, Patol (UK), MBPS College, Haldwani (UK), Government Degree College, Dharamपुरi, MP, Government Kamla Nehru College, Balaghat, MP, etc.
- Online Short-Term Training Program on 'Strategies for Implementation of National Education Policy 2020' from December 28, 2021, to January 03, 2022, on 'ICT' on December 30, 2021from 10:00 AM to 11:30 AM. at Faculty Development Centre, (Under the MHRD Scheme of PMMMNMTT) Hemvati Nandan Bahuguna Garhwal University (A Central University) Srinagar Garhwal (Uttarakhand)

### PAPER PRESENTED AT INTERNATIONAL CONFERENCES

1. Gorakhanth and Manaskhand: Strengthening Civilization and Cultural Ties between India and Nepal was presented at the International Conference on Manaskhand: Inevitability of Integrity for Internalizing Civilization and Cultural Connectivity between Nepal and India on 15-17 April 2023 at Far Western University, Kanchanpur, Nepal
2. Indo-Nepal Cultural Ties: The Hil Jatra Festival in Pithoraharh District of Manadkhand was presented at the International Conference on Manaskhand: Inevitability of Integrity for Internalizing Civilization and Cultural Connectivity between Nepal and India on 15-17 April, 2023 at Far Western University, Kanchanpur, Nepal
3. Colonial Control, Forest Rights and Peoples Dissent (With special reference to Kumaun Himalaya, India) presented at ATLAS 8th INTERNATIONAL SOCIAL SCIENCES CONGRESS on June 11-13, 2021 Ankara, TURKEY.

### Research Guidance

Total Registered-08  
Thesis Awarded-04  
Pursuing presently-04

### Membership to Professional/Government Organization:

### Name of the Association/Organizations-Status of the membership

- Indian History Congress-Member
- Uttarakhand History and Cultural Association-Life & Founder Member
- United Professionals and Scholars in Action-Life & Founder Member
- District Plantation Advisory Committee, Department of Forest, Government of Uttarakhand-Member
- District Forest Fires Safety Committee, Department of Forest, Government of Uttarakhand-Member
- Tree Felling Committee, Department of Forest, Nainital Division, Government of Uttarakhand-Member

### Development of new and innovative courses and curricula:

S.N. Name of courses	Prepared For	Type
1.	Certificate Course in History/Diploma Course in History/Bachelor of History University/State Certificate/ Diploma/Degree 24 Credit Course	
2.	Communication Skills University/State Co-curricular Course for UG	
3.	Environment Studies and Value Education University/State Co-curricular Course for UG	
4.	Management Paradigms from Bhagavad Gita University/State Co-curricular Course for UG	
5.	Vedic Studies University/State Co-curricular Course for UG	
6.	Personality Development through Applied Philosophy of Ramanaya and Ramcharitra Manas University/State Co-curricular Course for UG	
7.	Indian Traditional Knowledge System University/State Co-curricular Course for UG	
8.	Meditation University/State Co-curricular Course for UG	
9.	Vivekananda Studies University/State Co-curricular Course for UG	

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5.	Vedic Studies University/State Co-curricular Course for UG	
6.	Personality Development through Applied Philosophy of Ramanaya and Ramcharitra Manas University/State Co-curricular Course for UG	
7.	Indian Traditional Knowledge System University/State Co-curricular Course for UG	
8.	Meditation University/State Co-curricular Course for UG	
9.	Vivekananda Studies University/State Co-curricular Course for UG	